

## Chickenpox (Varicella) Reporting Instructions

Please use this form to report cases of chickenpox. (Regulation 105 CMR 300.000)

Shingles cases do not need to be reported to the local board of health or the Massachusetts Department of Public Health.

When filling out this form, use blue or black ink. Please print in capital letters and avoid contact with the edge of the box. Example:

A	B	C	D	E	F	G	H	I	J	K	L	M
N	O	P	Q	R	S	T	U	V	W	X	Y	Z

Please do not shrink this form.

### Guidance for estimating **Number of Lesions**

- <50 lesions: can be counted in <30 seconds
- 50-249 lesions: enough space without lesions, such that if you put sick person's hand on that space, it will not be covering any lesions
- 250 –500 lesions: a typical case, can see normal skin between lesions
- >500 lesions: the whole body is covered with lesions; confluent rash, unable to see normal skin between lesions

**Health Care Providers and School Health Personnel:** Submit case reports to your local board of health at least on a monthly basis. In addition to monthly reporting of cases, **please report any unusual or high-risk cases, outbreaks, or high-risk settings immediately by telephone** to both the local board of health and the Massachusetts Department of Public Health, Division of Epidemiology and Immunization (617-983-6800) for assistance with control measures. Examples:

- case(s) with unusual presentations or severe complications, such as invasive group A streptococcal infection, pneumonia, hospitalization, or death;
- case(s) in immunocompromised individuals;
- outbreaks involving adolescents and adults;
- outbreaks within vaccinated populations;
- case(s) in health care settings;
- case(s) in child care centers with infants;
- case(s) in other high-risk institutional settings;
- large outbreaks.

**Local Boards of Health and Health Departments:** Submit case report forms by fax (617-983-6220) or by mail, in an envelope marked "Confidential," to the Massachusetts Department of Public Health (MDPH), Office of Integrated Surveillance & Informatics Services, 305 South Street, Jamaica Plain, MA 02130. Reports can be batched and sent on a monthly basis. Please report all cases of varicella, whether reported to you by providers, school nurses, or other health professionals. If you receive multiple reports for the same case, please combine into the most complete information and submit a single case report to MDPH.